

# Meet Chamtrul Rinpoche Buddhist Doctor

Neuroscience Proves the Benefits of Meditation, a Public Talk

and

Neuroscience Proves the Benefits of the Bodhisattva Path, Retreat



Chamtrul Rinpoche studied at Great Kathok Monastery and then at Sertha Larung in Tibet. After many years of rigorous studies he gained a vast and profound knowledge of Buddhism and was given the title Khenpo, an equivalent of Doctor in Buddhist Philosophy. Visit [bodhicitta.org](http://bodhicitta.org) to read more about Rinpoche and his vast activities around the globe.



## Neuroscience Proves the Benefits of Meditation, a Public Talk

August 9 **Thursday** 6 to 8 pm

Location: 4340 West Fort George Wright Drive, Unitarian Church. Suggested donation \$10.00

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## Neuroscience Proves the Benefits of the Bodhisattva Path, Retreat

August 10 **Friday** 6 to 8 pm

August 11 **Saturday** 10 am to Noon & 2 to 4 pm

August 12 **Sunday** 10 am to Noon & Afternoon - potluck

Location: Tsinta Mani Choling Center, 2902 N. East Oval Street. Suggested donation \$20.00 a session

It is not mandatory to attend all sessions.

Call **509 499 9829** or visit **[tsintamani.org](http://tsintamani.org)** for more information

Events sponsored by Tsinta Mani Choling

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